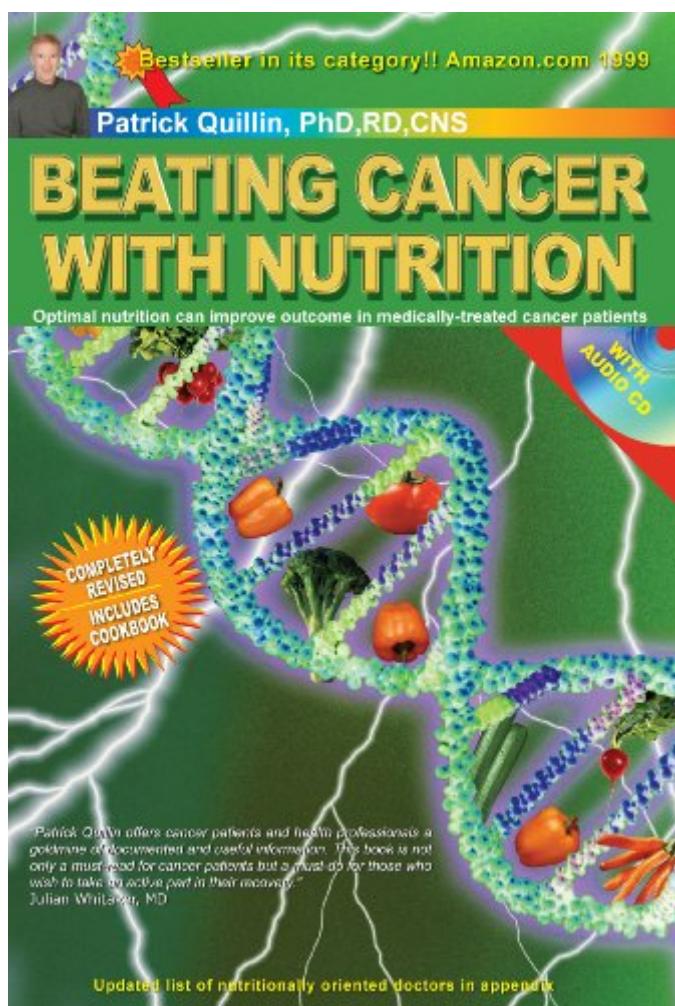


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# Beating Cancer With Nutrition: Optimal Nutrition Can Improve Outcome InMedically-Treated Cancer Patients.



## **Synopsis**

Optimal nutrition works synergistically with modern oncology procedures and can dramatically improve the quality and quantity of life for cancer patients. Nutrition helps to harness the incredible healing power of nature and science, with the results being a healthy human body that is self-regulating and self-repairing.

## **Book Information**

File Size: 16342 KB

Print Length: 418 pages

Publisher: Nutrition Times Press, Inc (November 15, 2011)

Publication Date: November 15, 2011

Sold by: Digital Services LLC

Language: English

ASIN: B0077AZBZA

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #84,964 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #39  
in Kindle Store > Kindle eBooks > Medical eBooks > Special Topics > Nutrition #42  
in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >  
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## **Customer Reviews**

In 1996 I was diagnosed with stage 3 pancreatic cancer. I had developed an adenocarcinoma on the head of my pancreas. I was given the option of a Whipple (surgery), chemo and radiation. I did all three. After the surgery the "doctors" gave me no chance of survival as they discovered the cancer had migrated into my lymph system. During the chemo and radiation I was introduced to Patrick Quillin's book which became my food and nutrition bible then and as it is today. I followed everything in his book. I completely changed my lifestyle. Food had a new meaning. My outlook on life changed. I went through a rebirth. My doctors thought I was nuts and only grasping at straws until my 2 year survival date arrived. Once it appeared that the cancer was gone I asked each doctor who had attended me if they would take credit for the fact I was still alive? Each one

answered with an emphatic NO! But each one did tell me whatever I was doing not to stop. To this day I still follow the nutrition protocols I learned from Patrick Quillan's book! Believe me it is never too late to change your lifestyle and diet.

A little confusing and contradicts itself in places - but a very good look at using good nutrition to help beat cancer. Actually helped me find a new DO to assist in my battle against cancer.

lots of good info for those of us that are trying to win the war against cancer.

I bought this for a family member who was recently diagnosed. I did a quick flip through before I sent it along. There is a LOT of great material here. I think, I'll get one for myself.

I noticed some of the information is outdated so can't give this book 5 stars. However, I do applaud any physician for bucking the system and telling the truth.

Great book on battling cancer via nutrition and supplements. Book is very hardcore as far as this goes. I can't imagine following to the t but lots of helpful ideas.

My husband had stage 4 lung cancer last fall. Along with chemo, he followed many integrative medicine recommendations which included changing the diet. He ate as recommended in this book and still does--he is now in remission.

I guess I shouldn't be surprised, since this was written quite some time ago, but many items suggested for one's diet are no longer recommended. For example, canola oil... knowing what we now know about GMO corn. And soy. And pasteurized dairy. I might re-sell it in a garage sale, but heavily edited with warnings about these foods.

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